

Fall Prevention Competency Test 2007

Please print and hand into your Unit Educator / Manager

1. Pt. "A" is acting somewhat confused/disoriented and is very forgetful. You have assisted her up to sit in the Geri chair and have locked the chair's attached table in front of her. Additional fall prevention measures you should include are...

- A. Prompted/ Assisted Toileting before getting into chair
- B. Chair alarm
- C. Frequently used items in reach
- D. Tread socks
- E. All of the above

2. Pt. is an 83 y/o male with a history of Dementia admitted with "shingles". Family visits with him at his bedside often but doesn't always tell you when they are leaving. What should you put in place to reduce his risk of falling?

- A. prompted toileting
- B. Tread socks
- C. Bed alarm
- D. All of the above

3. A 56 y/o female has been admitted with a muscle weakness disorder and has an elevated creatinine of 3.7. At 18:30 she was nauseated and was given 25mg of Phenergan IM. It is now 19:45 and she rings for assistance in getting to the bedside commode. You go in and assist her to the BSC. You are then vocera'ed to assist another one of your patients' to the bathroom. What do you do?

- A. Give the patient you are with the hand held call bell and tell her to not get up alone but to call for assistance.
- B. Ask the HUC to tell the PCA to be sure to check back on this patient since you are leaving to go assist the other patient.
- C. Tell the HUC that it is unsafe to leave the patient you are with and you cannot assist the other patient.
- D. Tell the patient you will be right next door and to just holler out when she is all done and ready to get back to bed.

4. You are caring for a 69 year old male that is alert yet has aphasia and his Right side is flaccid. He also has a history of falls. His wife is present most of the time. Which fall prevention interventions should you institute?

- A. Bed alarm
- B. Tread socks
- C. Chair alarm when up in chair
- D. All of the above
- E. Tread socks only

5. When caring for a 90 year old male who is Alert and Oriented yet is forgetful and has a recent history of falls which Fall prevention interventions would you put in to place?

- A. Just tread socks
- B. Tread socks, purple arm band, purple star
- C. Bed alarm
- D. B & C
- E. None of the above, he is Alert and Oriented
- F. Four point restraints

6. It is 10:30 p.m. and your 82 y/o A&O patient has just requested a sleeping pill. Knowing that all sleeping pills can increase the risk for falling you may want to...

- A. Check on him at 2:00 and 3:00 knowing that the pill will be wearing off and this is the time many wake up disoriented and unsteady and try to make it to the bathroom and end up falling.
- B. Deny him a sleeping pill due to his age.
- C. Ask him if instead of a sleeping pill would he agree to try some warm milk, a 3 min. neck rub, and listening to soft music instead.
- D. Give him both the sleeping pill and the Morphine he has ordered so he will really sleep good even though he is not having any pain.
- E. A & C

First Name: _____

Last Name: _____

Employee ID#:: _____

Birth Month: _____